

Numele și prenumele .....

Grupa .....

Grădinița .....

# CÂT TIMP M-AM MIȘCAT ASTĂZI ?



Săptămâna 1	30 minute	45 minute	60 minute
Luni			
Marți			
Miercuri			
Joi			
Vineri			
Sâmbătă			
Duminică			

Săptămâna 2	30 minute	45 minute	60 minute
Luni			
Marți			
Miercuri			
Joi			
Vineri			
Sâmbătă			
Duminică			

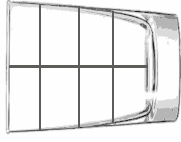
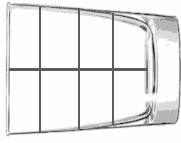
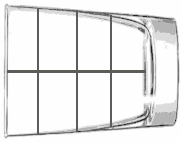
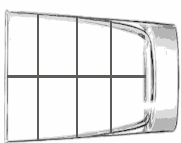
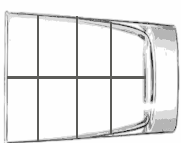
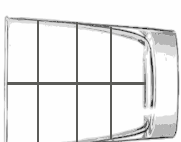
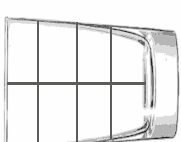
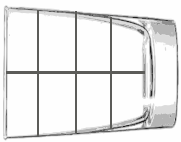
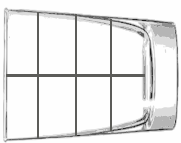
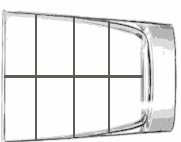
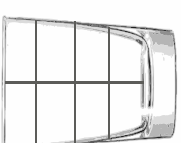
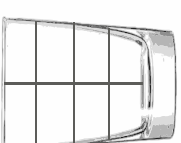
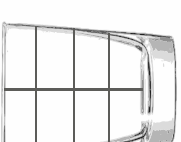
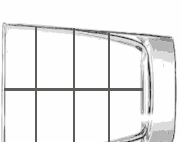


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# CALENDARUL CONSUMULUI DE LICHIDE

Legendă: ■ apă ■ ceai ■ sucuri

	LUNI	MARȚI	MIERCURI	JOI	VINERI	SÂMBĂȚĂ	DUMINICĂ
SĂPTĂMÂNA 1							
SĂPTĂMÂNA 2							

# CALENDARUL CONSUMULUI DE FRUCTE ȘI LEGUME

Legendă: ■ fructe ■ legume

	LUNI	MARȚI	MIERCURI	JOI	VINERI	SÂMBĂȚĂ	DUMINICĂ
SĂPTĂMÂNA 1							
SĂPTĂMÂNA 2							